

## **For Your Wellness**

### **Employee Assistance Program (EAP)**

VTC understands the challenges employees sometimes face not only in the workplace but also in their personal lives outside of work. Therefore, VTC has contracted with the organization, SAVE, to provide services to employees free of charge. The services provided by SAVE cover a variety of issues and all information is confidential.

### **Health Club Reimbursement**

VTC is committed to helping our employees lead a healthier life style by establishing a Health Club Reimbursement benefit. VTC will reimburse the employee the monthly cost of a Health Club/Gym membership up to a maximum of \$25 per month.

### **Tuition Reimbursement**

Professional education is essential to the continued improvement of our programs and is also a benefit to the employees. Therefore, VTC encourages attendance of conferences, conventions, workshops and educational courses as well as other meetings.

### **Flu Shot Clinic**

The health of our employees is important to the continued success of our organization. Therefore, VTC offers a Flu Shot Clinic annually to employees on-site and at a reduced rate. The Clinic is also open to family members of VTC employees.